



KITCHEN TABLE BAKERS™

The crisp made entirely of cheese

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Kitchen Table Bakers Parmesan Crisps a snack winner

Barry Novick's Gourmet Wafer Crisps (www.KitchenTableBakers.com) had humble beginnings, started on his kitchen table. Now they're distributed nationwide and carried locally by such stores as Whole Foods (www.wholefoods.com) and Bristol Farms (www.bristolfarms.com).

What's amazing about this cheese crisps that bill themselves as "the crisp made entirely of cheese" is that although they have all the rich decadent taste and mouth feel of a gourmet cracker, they are 100% Parmesan cheese, free of any wheat, gluten or sugar ingredients. Novick tells us they are also preservative free with no trans fats, baked instead of fried, with a low 70-80 calorie count per 3 crisp serving.

Our top flavor picks: Aged Parmesan, Garlic and Sesame. Other choices rounding out the Gourmet Wafer Crisps family are Rosemary, Jalapeno, Italian Herb, Everything and an Omega-3 rich Flax Seed variety. People with diabetes, food allergies and those on low carb diets can also enjoy these crunchy and savory Parmesan crisps without worry.

Whether enjoying a Graffigna Malbec (www.graffignawines.com) on the patio or an Izze sparkling ginger (www.izze.com) on the porch, a package of Gourmet Wafer Crisps from Kitchen Table Bakers turns it into a heavenly experience for your palate.

Until our next food find...may all your food finds be fabulous!